

SPECIAL ISSUE ON POSITIVE PSYCHOLOGY AND WELLBEING IN ENGLISH LANGUAGE LEARNING AND TEACHING

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Kurzfassung / Abstract

With the introduction of positive psychology (PP) to second language acquisition (SLA) (see, e.g., MacIntyre & Gregersen, 2012; Mercer & MacIntyre, 2014; MacIntyre et al., 2016), investigating the role positive and negative emotions play in foreign language (FL) learning and teaching has moved to the centre of attention in SLA research. This Special Issue addresses what both EFL learners and teachers can do to maintain and enhance their wellbeing and how positive emotions can make learners thrive and flourish, foster progress and contribute to their building of positive resources. Likewise, suggestions for institutions and policy-driven actions will be included, too. While previous research in general education demonstrated the crucial role of attending to learners' (e.g. Seligman et al., 2009) and teachers' wellbeing (e.g. Klusmann et al., 2008; Kinman et al., 2011) for the quality of teaching and learning, further research into English as a Foreign Language (EFL) and English as a Second Language (ESL) settings is much needed to provide wellbeing-supportive English language teaching based on empirical evidence.

Desiderat

- This special issues shows that supporting wellbeing is crucial for both EFL learners and teacher alike and empowers them to reach their full potential.
- Creating an environment where everyone can thrive in the process of learning/teaching another language does not only rely on actions initiated by teachers and learners, but also on support from institutions and policies.
- The nine publications in the Special Issue furthermore demonstrate that wellbeing is a major factor in (un-)successful FL learning and teaching. Thus, the experience should be positive for everyone involved.
- Additionally, the contributions in the Special Issue make it clear how important it is to deepen our understanding of the requirements to make this a reality across different contexts.

Bisherige Disseminationen

Resnik, P., & Mercer, S. (Eds.). (2024). Special issue on "Positive psychology and wellbeing" in English language learning and teaching. *English Language Teaching Journal*.

Resnik, P., & Mercer, S. (2023). Introduction to the special issue on positive psychology and wellbeing. *ELT Journal*. <https://doi.org/10.1093/elt/ccad064>

Sulis, G., Babic, S., Mairitsch, A., Mercer, S., & Resnik, P. (2023). ELT teachers' agency for wellbeing. *ELT Journal*. <https://doi.org/10.1093/elt/ccad050>